

TheRecipeWorks - Winter Fruit Salad

Winter Fruit Salad

Serves: 4

4 oz prunes
4 oz dried apricots
1/2 pint water
1 banana
2 oranges
1 grapefruit
4 oz sugar
1 lemon

Soak the prunes and apricots overnight in the water, and the next day, cook them in this liquid.

Drain them, add the sliced banana and oranges and grapefruit, divided into sections.

Dissolve the sugar in the fruit juice adding a little more water if necessary, bring to the boil add the strained lemon juice and pour over fruit.

Allow to cool before serving.